

# What you're going through may be new to you, but it's not new to us

You know your child better than anyone. When it's hurt feelings or a scraped knee, you're the first and best person to care for them. But when you have a hunch they might need something more, digging deeper can bring the answers you seek.

**Recognizing that something feels different is one thing. Finally figuring out what your child needs is another.**

Psychological testing with Brightline's clinical psychologists is for kids up to age 18. Families come to Brightline for testing for different reasons. We can assess for:

- \* Autism or other developmental concerns
- \* Learning disorders or concerns about academic performance
- \* Patterns of executive functioning, memory, or other cognitive skills
- \* Readiness to start school, academic strengths, and giftedness

"The Brightline team helped ease my concerns of bringing my daughter into the program. With her being so young and in need of the provided resources, I was worried she might be afraid to participate. Everyone's been incredibly welcoming and focused on my entire family's well-being."

Brightline parent

No matter what your child is here for, you (as their parent) will be closely involved in their care. The level of involvement depends on a few things: their age and stage, the presenting concerns, and what research tells us works best.

Sometimes, kids meet with their provider and a caregiver checks in for a few minutes. Other times, the caregiver is the one in the session for a longer time.

**Brightline will work with you to find the balance that is right for your family and the goals you have for your child.**

When you know it's time, Brightline is the right place.



## Here's what to expect:

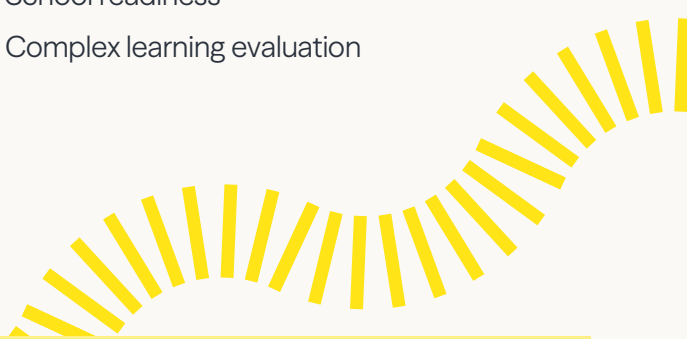
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- An initial testing day and possibly additional testing (may be recommended based on the results of the initial testing and provider recommendation); the first testing day will be 4+ hours long, starts around 8am, and consists of multiple sections within the one longer session. Snacks during breaks are allowed and you'll be able to be in the waiting room throughout; please let the psychologist know ahead of time if you would like to leave at some point (to grab a coffee, for example).
- Testing must be held in person; follow-up session may be held virtually or in person
- In a follow-up session, you'll receive test results, impressions and diagnoses, and a written report with detailed clinical recommendations; the report will also provide a detailed view of the history of concerns, behavioral observations on the day(s) of testing, specific test scores and performance, interpretation of results, and diagnostic and other conclusions
- Information gathering (with parent permission) from important adults in your child's life, like teachers and other care providers, to ensure a well-rounded view of your child

## A few more important pieces of information:

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- Parents are heavily involved in parts of the process and the follow-up session, and are usually present the day of testing unless the family and psychologist have agreed on another plan
- The testing process as a whole typically takes up to three weeks once testing begins. Providers need time between the end of testing and the follow-up session to score and interpret results and write the report; there may also need to be time allowed for any insurance preauthorizations
- Typically, testing varies depending on the number of symptoms or areas that are being assessed:
  - Singular concern
  - Complex or multiple concerns
  - School readiness
  - Complex learning evaluation



For more information or to schedule an appointment, call **(888) 255-1329** or visit **[brightline.com](https://www.brightline.com)**. We're open Monday–Friday from 8am–7pm ET.

### Our clinic locations:

- 32 Court Street, Suite 808, Brooklyn, NY 11201
  - 3000 Marcus Avenue, Suite 3E01, Lake Success, NY 11402
  - 330 W 58th Street, Suite 611, Manhattan, NY 10019
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